How To Treat The Foot Varicose Veins

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Faculty Disclosures

- I have no financial conflicts of interest to disclose concerning this presentation

How To Treat The Foot Varicose Veins

- History
  - varicose progression and length
  - family history
  - lifestyle – job, hobbies, activities
- Physical examination
- Translumination phlebscopy
- Duplex scan

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Physical exam
duplex scan

Tools that we apply

- Liquid sclerotherapy
- Foam
- POLIDOCANOL
- Glucose 75% 0.25% - 0.5%

Concerning the treatment of foot varicose veins


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Ambulatory treatment
- Transdermal Laser Nd:YAG 1064
- Liquid sclerotherapy – glucose 75%

Day Hospital treatment

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How To Treat The Foot Varicose Veins

Ambulatory treatment

Transdermal laser Nd:YAG 1064
Foam sclerotherapy
0.5% and 0.25% polidocanol

Day Hospital treatment

During the surgical procedure

Transdermal laser
Foam sclerotherapy
0.5% and 0.25% polidocanol
Phlebectomy
Endolaser -200µ fiber

Conclusion:

Physical exam and a precise diagnosis of the feet varicose veins is essential for a good result of this treatment. With all these tools, that we have, the treatment of varicose veins of the foot is safe and effective.
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